

Your guide to Wired's Carer activities, local and national carer support, community events, plus much more!


Our next session is Wednesday 16th April - don't miss out on learning how to protect your future.

Click here to book on!

Wills, Trusts and Inheritance Advice Session

In partnership with Silvertime Legal, we are running sessions providing advice and information on the importance of...


- Wills and Trusts
- Lasting Power of Attorney (LPA)
- Estate Planning
- Inheritance Tax
- Long-Term Care Considerations
- Sideways Inheritance

 **Wednesday 16th April, 1pm-3pm**

 **St James Centre, 344 Laird Street, Birkenhead, CH41 7AL**

HOW TO BOOK...

 wired.me.uk/carers-support/our-events/

 0151 670 0777

 cws@wired.me.uk

 SILVERTIME
Legal
ESTATE PLANNING SERVICES

 Wired



What some of our past attendees have said about our training sessions....

Very easy to book on, a friendly group, and lovely approachable staff

Valuable service, very informative and reassuring

I didn't know much before and it was really good

Gave me knowledge to forward plan!

WIRRAL CARERS HEALTH & WELLBEING SERVICE

Carer Linkworkers Making Caring Visible, Valued & Supported



FIRST AID TRAINING

FRIDAY 25th APRIL 11AM-1PM

THE STEIN CENTRE, ST CATHERINES HEALTH CENTRE, DERBY RD, BIRKENHEAD, CH42 7HB

- BASIC FIRST AID • CHOKING • STROKES
- UNRESPONSIVE (BREATHING/NOT BREATHING)
- HEART ATTACKS • QUICK RESPONSES

THE WORKSHOP IS NOT ACCREDITED, BUT IS A FREE AND SIMPLE WAY TO IMPROVE FIRST AID KNOWLEDGE AND BUILD CONFIDENCE

REFRESHMENTS PROVIDED FOR AFTER THE SESSION

BOOKING IS ESSENTIAL FOR THIS SESSION

First Aid 0151 670 0777 cws@wired.me.uk
BritishRedCross wired.me.uk/carers-support/our-events/ Wired Putting You First

Great interaction with the other carers

Professional, friendly & very educating

Very informative & learned a lot!



Excellent tips and advice on how to stay sane and avoid symptoms of stress related to care

Taught me how to relax and de-stress in 5 easy steps



MHFA England **Wired**

Stress Management Training for Unpaid Carers

A short session delivered by Psychotherapist Sue Stinchcomb to provide carers with some easy to use strategies and techniques to manage and reduce stress levels.

Monday 14th April
10am-12pm
St James Centre, 344 Laird Street, Birkenhead, CH41 7AL

Contact us to book your FREE space, booking is essential

Free refreshments will be provided

cws@wired.me.uk 0151 670 0777

WIRRAL CARERS HEALTH & WELLBEING SERVICE

Carer Linkworkers Making Caring Visible, Valued & Supported



Our Narrowboat trips are back for Carers Week 2025!

Refreshments provided
but bring your own
packed lunch.

Get in touch now to book
your **FREE PLACE**

(Spaces are limited!)

Available dates:

Monday 9th June

Tuesday 10th June

NO WEDNESDAY TRIP

Thursday 12th June

Friday 13th June

Plus

Saturday 14th June

10am - 3pm



WIRRAL CARERS HEALTH & WELLBEING SERVICE

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SAVE THE DATE...

CARERS WEEK 2025

9TH JUNE – 15TH JUNE

MORE INFORMATION COMING SOON...

Wired
Putting You First

Carers Week™



LIKE US ON
FACEBOOK

Wirral Carers Health and Wellbeing Service



FOLLOW US ON
INSTAGRAM

@WirralCarersSupport



wirralview



Healthy and independent

The Recoverist Podcast: Inspiring Stories of Addiction and Recovery

27 March 2025

A celebration of resilience, hope, and the diverse pathways to healing.

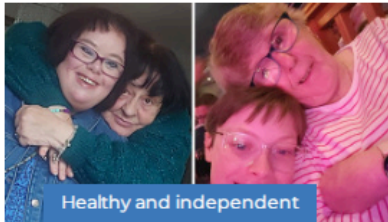


Environment

Garden waste subscriptions 2025-26

31 March 2025

The new subscription period for kerbside garden waste collections runs from 1 June 2025 to 31 May 2026.



Healthy and independent

Could you be a Shared Lives carer? Your questions answered

27 March 2025

Do you think you have the care and love it takes to be a Shared Lives carer?



Public asked to help shape new biodiversity strategy for LCR

People across the Liverpool City Region are being asked to have their say on a new strategy to restore habitats, protect species and boost biodiversity.

More wildflowers to be planted to entice important pollinators

More than 73,000 square metres of public open space in Wirral will be planted with native wildflowers under efforts to increase the number of pollinators in the borough.



Programme aims to encourage people to connect with nature

On your marks... The City Nature Challenge training programme is kicking off a whole year of exciting, hands-on nature activities in Wirral.



From Darkness to Light, from Harm to Hope

Journeys of addiction

ANNUAL REPORT OF THE DIRECTOR OF PUBLIC HEALTH FOR WIRRAL 2024/2025

Addiction is a complex and deeply personal struggle that affects individuals in every part of society. In this chapter, we delve into the untold stories of local people who have faced the harsh realities of addiction.

Through their candid narratives, we uncover the profound impact addiction has on their lives, families, and communities. These case studies offer a raw and unfiltered look at the challenges, triumphs, and ongoing battles that define their journeys. By sharing these stories, we aim to shed light on the human side of addiction and foster understanding, empathy, and hope for those who are still fighting their own battle.



**Alcohol
Addiction**

**Drug
Addiction**



**Gambling
Addiction**

**Smoking
Addiction**



Useful contacts for SEND services in Wirral

There is a lot of help and support available for children and young people with SEND and their families in Wirral.

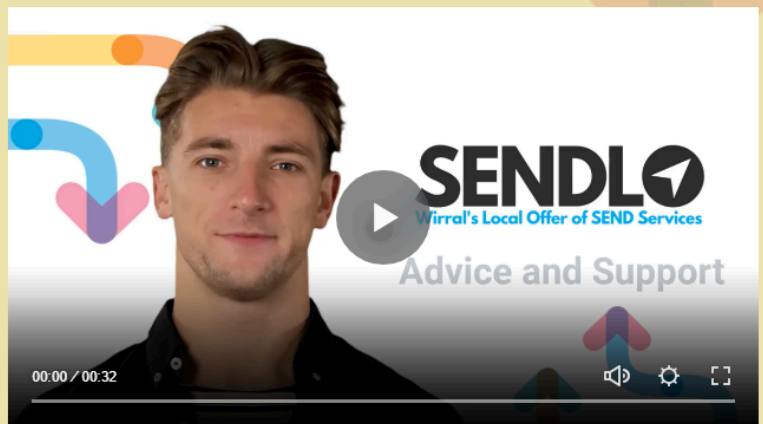
It can sometimes be difficult to find what you need, so here a list of useful contacts.

[CLICK HERE](#) 

Advice and Support

Welcome to SENDLO's Advice and Support Area. Here, you can explore an expanding range topics to help you, your child, and your family to navigate Wirral's Local Offer of SEND Services.

We strive to keep SENDLO current and valuable, and we greatly appreciate your input. If there's something you would like to see added to SENDLO, don't hesitate to let us know. Simply fill in the "Get in Touch" form at the bottom of this page, and we'll take care of it.



Education Health Care Plans (EHCP)

[Learn More](#)

**THERE ARE 43
EASTER EVENTS AND
ACTIVITIES ON
SENDLO!!!**

[CLICK HERE](#) 

'WHAT'S ON' TO
FIND OUT
MORE!!!



WIRRAL CARERS HEALTH & WELLBEING SERVICE

Carer Linkworkers Making Caring Visible, Valued & Supported



Social Support and Friendship

April 2025

CHALLENGE 30 – IT'S BACK IN JUNE!!

💡 What will YOU do?

🚶 Walk a little every day

🚫 Give up chocolate, sugar, smoking... even custard creams!

🏊 Swim 30 lengths over the month

🚿 Brave cold showers for 30 days

Or get creative and set your own challenge!

30 days. One challenge. Big impact. Are you in? 🍷

Contact Carol for more information on 077935 797445

DEMMENTIA INTEREST EVENTS OFFERED BY OTHERS

NESEM – Community service for people living with dementia in the Neston area. Drop in sessions, choirs, social groups trips and much more. For more information contact Sarah Crockett Community Coordinator on 07521 625005.

WELCOME ME – Brain stimulating activities and good company. Every Tuesday and Wednesday 10am to 12pm (you can stay until 1pm by bringing a packed lunch) OR every Thursday 1pm to 3pm. **Direct booking is essential due to space.** Contact Caroline on 07407 620043 at Dementia Centre, Waterworks Lane, Hooton CH66 7NL

DEMMENTIA FRIENDLY AFTERNOON – Every Thursday 1.30pm to 3.00pm, free entry at TRIC, Prenton Park Recreation Centre, entrance off Borough Road, Birkenhead CH42 9PY. For more information contact Shirley on 0151 608 2354 or community@tranmererovers.co.uk

THE LIGHT CINEMA – Thursday 3rd April 2025. Dementia friendly showing of 'Brief Encounter'. A Lunch buffet provided by Iceland from noon, show starts at 1.15pm with interval. The Light, Marine Point, King's Parade, New Brighton CH45 2HZ

DEMMENTIA WORKSHOP – Last Friday of each month, (28th March) free workshop for families, friends, informal carers and community volunteers. **Direct booking is essential.** Full details on liverpoolmuseums.org.uk/house-of-memories/dementia-awareness-workshops. House of Memories, Museum of Liverpool Pier Head Liverpool L3 1DG

DEMMENTIA AWARENESS SESSION – quarterly 10am to 1pm, for carers and volunteers. **Direct booking is essential.** Full details WIRED phone: 0151 670 0777 email: cws@wired.me.uk WIRED St James Centre, Laird Street, Birkenhead CH41 7AL.

FLOURISH WELLBEING HUB
Dementia Carer Support Drop In. Every Thursday 10.00am – 2.30pm
Drop in for carers supporting a loved one with dementia. Information about local services and a space to chat about their caring role. www.flourishwellbeinghub.org
Victoria Central Hospital, 2nd Floor, Wing A, Mill Lane, Wallasey CH44 5UF

SINGING CAFÉ AT TRINITY METHODIST CHURCH – ELLESMERE PORT
Song sheets provided, all levels welcome. Come along for music, laughter, fun and refreshments. On the last Wednesday of the month at 10.30am.
Trinity Methodist Church, Whitby Road, Ellesmere Port CH65 0AB

Our calendar is also available on our website

www.dementiatogetherwirral.org

More information about our events can be found on:



To contact Dementia Together Wirral:

07894 466822 Tue – Fri or admin2@dementiatogetherwirral.org

07935 797445 Mon – Thu or admin@dementiatogetherwirral.org

07565 916966 Mon- Fri or operationsmanager@dementiatogetherwirral.org

NHS Cheshire & Wirral Partnership NHS Trust
24-hour crisis helpline 0800 145 6485

Useful emergency contacts for Adult Social Care support

| AREA | OFFICE | OUT OF HOURS |
|------------------------|---------------|---------------|
| Wirral Borough Council | 0151 606 2006 | 0151 677 6557 |
| CW&C (E Port & Neston) | 0300 123 7034 | 01244 977277 |

11th Fri **MEMORY CAFÉ (with activities)** at **The Gladstone Theatre (entrance at the rear)** PORT SUNLIGHT
Second Friday of each month at 1.30 to 3.00pm
Greendale Road, Port Sunlight CH62 4XB

15th Tue **MEMORY CAFÉ** at **Floral Pavilion**
NEW BRIGHTON Third Tuesday of each month at 11.00am to 1.00pm
Mezzanine, Floral Pavilion, Marine Promenade, New Brighton CH45 2JS

15th Tue **MUSICAL MINDS** at **Windsor Close Community Centre**
With 'Sandra Currie'
Third Tuesday of each month at 2.00 to 3.30pm
Windsor Close Community Centre, Windsor Close, New Ferry CH62 5BZ

17th Thurs **NARROWBOAT TRIP – Christleton to Beeston** includes lunch at the Shady
Supported by kind donation from Wirral Community Narrowboat Trust
Third Thursday of each month meeting at 9:30 am for 10:00am sailing.
Booking is essential. Contact Nikky at: admin2@dementiatogetherwirral.org

19th Sat **MEMORY CAFÉ (with activities)** at **Popsy's HOYLAKÉ**
Third Saturday of each month at 2.00 to 4.00pm
Popsy's, Hoylake Community Centre, The Parade, Hoyle Road, Hoylake, CH47 3AG

22nd Tues **'NEW MEMORIES'** Music & Singing at **Serpentine Road Family Church, Liscard**
Fourth Tuesday of each month at 2.00pm to 3.45pm
Serpentine Road Family Church, Liscard Road, Wallasey CH44 0AA

24th Thur **COACH TRIP to The Ironworks Centre, Oswestry**
Fourth Thursday of each month. Trip includes lunch.
Meet at 9.30 for 10.00am departure from outside Merseyrail Conway Park Station, Europa Boulevard, Birkenhead CH41 4PP
Booking is essential Contact Nikky on info@dementiatogetherwirral.org

24th Thur **MEMORY CAFÉ (with activities)** at **Parkgate & Neston URC Community Hall NESTON**
Fourth Thursday of each month at 2.00 to 4.00pm
P&N URC Church, Moorside Lane (off Parkgate Road, Neston CH64 6UZ

29th Tue **MEMORY CAFÉ (with activities)** at **The Atrium Restaurant MEOLS**
Last Tuesday of each month at 10.00am to 12.00pm
Carr Farm Garden Centre, Birkenhead Road, Meols CH47 9RE

29th Tues **MEMORY CAFÉ** at **Trinity Methodist Church ELLESMERE PORT**
Last Tuesday of each month at 12.00 to 2.00pm
Trinity Methodist Church, Whitby Road, Ellesmere Port CH65 0AB



As part of World Parkinson's Day,
local Parkinson's nurses will be raising
the profile of Parkinson's in
Arrowe Park Hospital foyer
11th April 12-2pm

CONTACT DETAILS

| | | |
|-------------------------|----------------------------------|--------------|
| RESPITE | Ann Fraser | 07402 156199 |
| SEATED EXERCISE CLASSES | Ron Marsh | 07591 225383 |
| FACEBOOK | Wirral Parkinson's Support Group | |
| WEBSITE | Parkinson's UK | |

TELEPHONE NUMBERS

| | | |
|--------------------------|----------------------------------------------------|---------------|
| N.H.S.Parkinson's Physio | Sharon Chapman | 0151 604 7359 |
| Parkinson' Nurses | Rachel Gregson / Nuala Browning Elizabeth Dutch | 0151 514 6685 |
| Local Advisor | Rachael Millington | 0344 225 3658 |

WIRRAL CARERS HEALTH & WELLBEING SERVICE

Carer Linkworkers Making Caring Visible, Valued & Supported

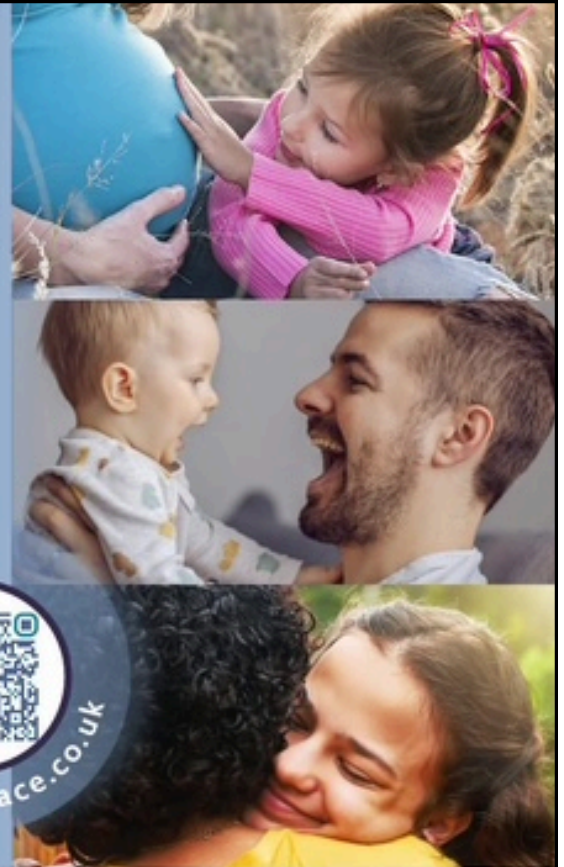


Supporting emotional health and wellbeing from 0-19+

Free online courses for all parents, carers, grandparents and teens

- Antenatal and postnatal baby bonding
- Understanding your child or young person
- Your child or young person with additional needs
- Teenager's feelings and brain development
- And lots more specialist courses

Designed by clinical psychologists in partnership with practitioners and parents



Residents of WIRRAL



In paid partnership with: Family Hub

Use Access Code
MERSEY

Applications now open for VE Day 80 street parties in Liverpool

From 4-11 May, the city will host a range of special events to commemorate the 80th anniversary of VE Day. Highlights include a captivating 50-piece band performance, stunning illuminated buildings, and a poignant moment where four beacons will be lit as a powerful symbol of peace and remembrance. 🕊



WIRRAL

👋 Meet Karen! She's one of our amazing Parent Group Leaders who will be delivering the 'Being a Parent' course here in Wirral. As a parent herself, Karen understands the challenges of raising children - because she's been there too!

This free 8-week course is designed for parents of children aged 2-11 years. It's packed with practical tips to help you:



WIRRAL CARERS HEALTH & WELLBEING SERVICE

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SEND HOLIDAY CLUB



HIVEABILITY 13 - 16YRS

MON 14TH APRIL
10:30AM - 2:30PM

TUE 15TH APRIL
4PM - 8PM

THUR 17TH & FRI 18TH APRIL
10:30AM - 2:30PM



An OnSide Youth Zone

FREE EASTER HOLIDAY CLUBS

Funded by Department for Education

FOR ELIGIBLE FREE SCHOOL MEAL CHILDREN ACROSS WIRRAL



HOLIDAY ACTIVITIES and food

From WIRRAL and Edsential

KEEP UP WITH ALL THE HOLIDAY FUN ON OUR SOCIAL MEDIA PAGES...

WIRRAL Council and EdsentialUK WIRRAL Council and EdsentialUK #HAF2025



www.edsential.com/HAF

BOOKING IS ESSENTIAL... Please scan the QR code and contact the relevant provider using our interactive online map.

WIRRAL CARERS HEALTH & WELLBEING SERVICE

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il independent LIVING
www.independentliving.co.uk
Providing free information and advice for more than 20 years

02.04.25 Contents:

- Labour betrayal
- Government dementia research
- We Are Undefeatable
- Legal action by care providers
- MDUK & Whizz Kidz grants
- Budget cut leads to broken back



1. Labour betrayal

Amid widespread dismay amongst disabled people and carers over the government's determination to make life even more difficult for some of the most vulnerable members of society, **Mo Stewart**, research lead for the **Preventable Harm Project**, writes an article explaining why we should perhaps not be surprised at how things are turning out.

If you're outraged by the way that, yet again, the pressure is landing on those least able to bear it, share Mo Stewart's article with your MP and ask them to challenge the government's actions in parliament.

[You can read her article here](#)



2. Government dementia research

Government-backed research is looking at how people **living with dementia** can be better supported to stay living independently.

Four new research networks will focus on creating technologies to help dementia patients manage memory loss, communication difficulties and cope better with everyday tasks, the Department of Health and Social Care (DHSC) has said.

[Find out more here](#)



3. We Are Undefeatable

"**We Are Undefeatable**" is a collective movement that was set up to encourage people with long-term health conditions to become more active.

Fifteen health and social care charities are partners in the project, which is backed by expertise and significant National Lottery funding from **Sport England**.

Being Undefeatable means recognising that there are times when you can move more and others when you can't, and adjusting accordingly.

[We have more information here](#)



4. Legal action by care providers

Care England, which represents independent care providers, has announced that they are seeking a **judicial review** of the government decision to increase employers' national insurance contributions.

From this month, the rate of employer NICs rises from 13.8% to 15%, and they will have to be paid on salaries from £5000 per annum rather than £9100. This brings many part-time workers within scope for the first time.

[Read more here](#)



5. MDUK & Whizz Kidz grants

The charities **Muscular Dystrophy UK** and **Whizz Kidz** have joined forces to offer life-changing grants to under-18s living with a muscle wasting or weakening condition.

So far, the collaboration has awarded nearly **£50,000 in grants** to enable eight children to access a new wheelchair.

[Find out more here](#)

Local Government & Social Care OMBUDSMAN

6. Budget cut leads to broken back

There are times when **assistive equipment** is not a substitute for human care.

A recent ombudsman finding highlights a shocking case where a woman **fractured her spine** using a bed turning aid which was installed by the NHS, after her local council decided this would be a suitable substitute for paying for carers to turn her during the night. She had **deep pressure sores** which required her to be turned regularly, night and day.

[Read more about the case here](#)



Our Save Energy Advice Line is available for residents of Cheshire & Merseyside to speak to an energy advisor, and learn how to cut their energy usage, save money, and reduce their carbon footprint.

Call the team free on 0800 043 0151. Lines are open 9am-5pm, Monday-Friday (except for Bank Holidays, and the 3 working days between Christmas and New Year)

Alternatively, you can email our advice team at advice@epplus.org

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Supporting emotional health and wellbeing from 0-19+

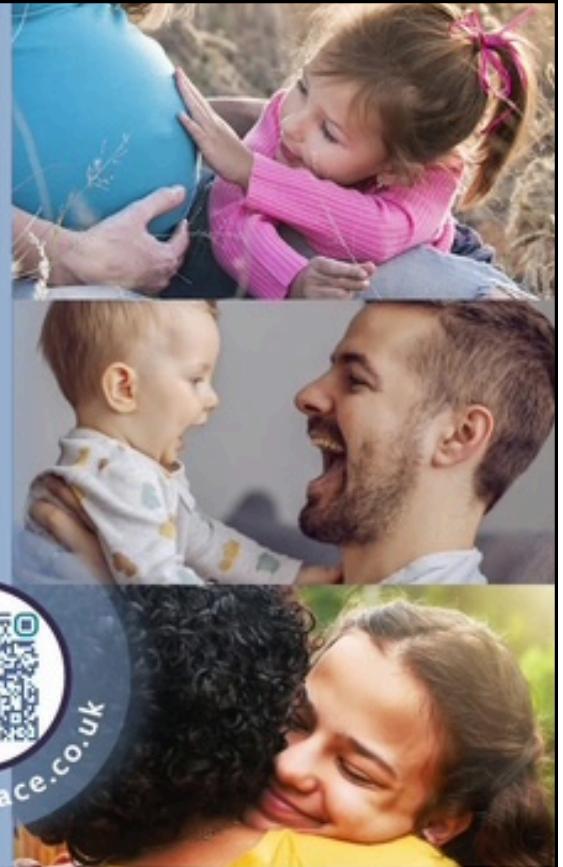
Free online courses for all parents, carers, grandparents and teens

- Antenatal and postnatal baby bonding
- Understanding your child or young person
- Your child or young person with additional needs
- Teenager's feelings and brain development
- And lots more specialist courses

Designed by clinical psychologists in partnership with practitioners and parents



www.inourplace.co.uk



Residents of WIRRAL



In paid partnership with: **Family Hub**

Use Access Code
MERSEY

Are you living with type 2 diabetes?



Healthy Living
for people with type 2 diabetes

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UPCOMING EVENTS!

THE MARTIN GALLIER PROJECT PRESENTS

AN EVENING WITH PETER CLARKE

THE MARTIN GALLIER PROJECT



An evening with Tranmere Rovers legend Peter Clarke including dinner, Q&A, auction and raffle.

11.4.2025



Lyceum Club, Port Sunlight

Tickets £20 available on Evenbrite, The Lyceum Club & The Martin Gallier Project, New Chester Road



Children's Easter Party
Saturday 12th April 2025
12pm - 3pm



Come and enjoy our Easter Party DJ with games.
Facepainting/Fancy Dress
Buffet
Adults £10.00
Child £7.00



Please click the link and book your tickets
Any problem, please email mcaim@msdp.org.uk

ST. ANNES SOCIAL CLUB

EASTER PARTY

PLEASE CALL IN TO PAY CASH ONLY PLEASE

FOOD AVAILABLE FROM THE BAR

KIDS ENTERTAINER



SPECIAL GUEST VISIT

SATURDAY 19TH APRIL 25
TIME: 12-4PM £5 PER TICKET

Made with PicMonkey.com

The Parkland and Walled Gardens of Poulton Hall CH63 9LN will be open to visitors from 2 to 5 pm on Easter Saturday and Sunday April 19th & 20th with the Heswall Concert Band in aid of the National Garden Scheme

Witch, Storyteller, Wildflower Meadow, Music, Plant Sales
A round walk of about 1.2 km.

Adults £6 Cream teas £4 CHILDREN FREE Well-behaved dogs welcome
Pre-book ticketsource.co.uk





We encourage visitors to walk or travel by public transport, as there is only Disabled Parking on the Park.

The park is next to Merseyrail's Bebington Station. Buses 38/38A, 410 and 464 stop nearby.

There are lots of free parking spaces nearby.

Along Greendale Road (opposite the park)
Woodhead Street CP
Barlow Avenue CP

OPENING DAY 2025

FREE ENTRY

Opening Day will be on
4th May 2025
11 am - 4 pm

**A new feature will be unveiled by
Justin Madders MP**

Plant Sale

Cake Sale

BBQ

Tombola

Art and Craft tables

Pond dipping and water creature ID
and other activities

Cash is preferred, but a card facility is available

New Ferry Butterfly Park

What3Words: cloth.formal.drift

(behind Aldi next to Bebington
Station car park)

www.wirralwildlife.org.uk





Heswall Primary PTA

Car Boot Sale

Sunday 27th April 10am - 12 noon

in the playground

£10 per table

Please complete the google form to book your space!




Birkenhead Market

CRAFT MARKET

Over 50 Crafters

SATURDAY
19TH APRIL
10AM TO 4PM

A decorative sign for the craft market. It is yellow with a scalloped top edge and a black swirl. The sign is decorated with a border of small, colorful squares (red, blue, yellow, green). The text on the sign is in a bold, sans-serif font.



VE DAY CELEBRATION PARTY

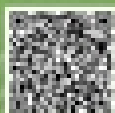
**BANK HOLIDAY MONDAY 5TH MAY 10AM - 4PM
BURTON CONSTABLE HALL**



**LIVE 1940'S MUSIC, WIND BAND, SWING DANCING, PICNICS,
OUTDOOR GAMES, ARCHERY, THEMED TRAILS, CRAFTS,
FISH & CHIPS, GIN & TONIC BAR**




**FREE ENTRY
DONATIONS GREATLY APPRECIATED
FAMILY FRIENDLY - DOGS WELCOME**




VISIT OUR WEBSITE
FOR MORE DETAILS
WWW.BURTONCONSTABLE.COM

BURTON CONSTABLE, SKIRLAUGH, EAST
YORKSHIRE, YO21 4LN
01904 582900

 **BURTON
CONSTABLE**
HALL & PARKLAND

WIRRAL CARERS HEALTH & WELLBEING SERVICE

Carer Linkworkers Making Caring Visible, Valued & Supported





Wirral Symphonic
Wind Band
Conductor: Philip Robinson

PREMIERE
PERFORMANCE OF

WIRRAL DANCES

BY MARTIN ELLERBY



Guest soloist: Barbara Ruzsics soprano

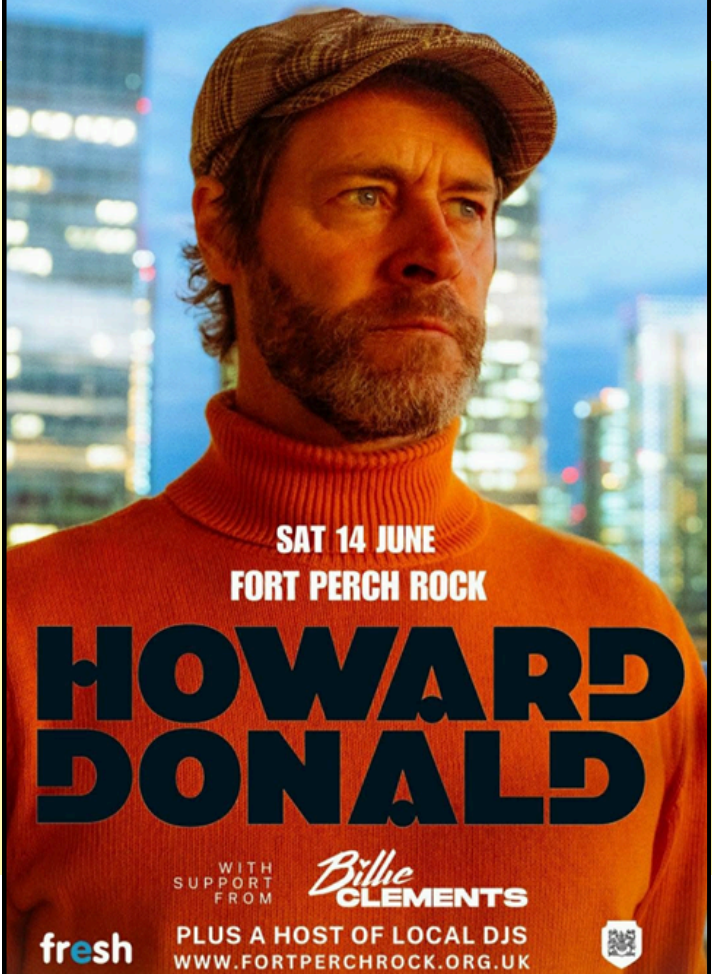


26TH APRIL 2025
7.30PM

Tickets available
£12 - under 16s free
www.wswb.co.uk/tickets

Hope Church Wirral
Station Road
Hoylake
CH47 4AA

  Registered Charity : 1156039




SAT 14 JUNE
FORT PERCH ROCK

HOWARD DONALD

WITH SUPPORT FROM *Bilbe* CLEMENTS

fresh PLUS A HOST OF LOCAL DJs
WWW.FORTPERCHROCK.ORG.UK



EASTER FAIR

SATURDAY 12TH APRIL 12PM - 2:30PM
AT ASHVILLE LODGE

Join us at Wirral Society of the Blind and Partially Sighted for:

- Raffle
- Cream Tea (scones cakes & tea)
- Easter Egg Hunt with the Easter Bunny
- Face Painting
- Arts and Crafts stall.
- Live performance from our own music group

WE ARE ALSO APPEALING FOR
EASTER EGG DONATIONS TO OUR
ASHVILLE LODGE CENTRE



Port Sunlight VILLAGE TRUST

The Chocolate Cellar

SUGAR & SPICE FOOD, DRINK & LITTLE LUXURIES FESTIVAL

SPRING EDITION

PORT SUNLIGHT
18 & 19 APRIL
11AM-4PM

OPPOSITE PORT SUNLIGHT MUSEUM

FREE PARKING & ENTRY

WIRRAL CARERS HEALTH & WELLBEING SERVICE

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Come and join us for:



Sunday, 13th April
@ 3:30pm



- A free event for all the family; craft to enjoy; meal included, with a bag of food to take home.
- Spaces are limited. To book your place, please scan the QR code and fill in the form provided.
- Children must be accompanied by an adult.



Rock Ferry Salvation Army Community Church
179 Old Chester Road, Rock Ferry, CH42 3TB

*The Salvation Army, a Christian Church and Registered Charity
Registered Charity No. 214779 and
in Scotland SC009159*

Proud to be supporting

Rotary 

COOL HESWALL
CARING FOR OUR CLIMATE



SATURDAY 17TH MAY 10am – 4pm
Hill House Gardens and Heswall Hall – FREE ENTRY
Activities and information for all – musical entertainment - refreshments - ALL WELCOME

Please visit our stand

WIRRAL CARERS HEALTH & WELLBEING SERVICE

Carer Linkworkers Making Caring Visible, Valued & Supported

MAD HATTERS TEA PARTY
With Alice & The White Rabbit.
SATURDAY 19TH APRIL
£5
12 NOON
SCAN TO BOOK 
EQUILIBRIUM NORTH WEST CIC PRESENTS
THE MESSY PLAY TEA PARTY!
CHANGE OF CLOTHES IS ADVISABLE

FREE CRAFT WORKSHOP & MEET YOUR CREDIT UNION!
Where?
The Pyramids Shopping Centre
near the food court
When?
& Tuesday 15th April, 10.30-2.30pm
What?
A free keyring-making session for kids & and a chance to talk to us for the grown-ups!
& a special guest...  

EASTER AT EQUILIBRIUM

| | | | | |
|----------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|-----------------------------------------------------------------|------------------------------------------------------------------------|------------------------------------------------------------------------------------|
| MONDAY 14TH APRIL DINO PLAY 11 AM £5 DINO PLAY 12:30PM £5 | TUESDAY 15TH APRIL REPTILE PARTY 11 AM £5 REPTILE PARTY 12PM £5 | WEDNESDAY 16TH APRIL SPACE PLAY 11AM £5 | THURSDAY 17TH APRIL NATURE CRAFTS 2PM - 3:30PM £3 | SATURDAY 12TH APRIL FAMILY RAVE- 2PM-4PM £10 FAMILY TICKET |
| FRIDAY 18TH APRIL EASTER EXTRAVAGANZA WITH WILLY WONKA AND EGG HUNT £10 | | | | SATURDAY 19TH APRIL MAD HATTERS TEA PARTY MESSY PLAY £5 |

BOOK VIA FACEBOOK POST QR CODES, MSG OR CALL IN TO RECEPTION

KARAOKE FOR A CAUSE

Bloom Building

Thursday 24th April

7pm start

Tickets from £4



The Quirky Community Hub

124 E Market Street Hoylake

MINECRAFT

Tuesdays

2-00 pm till

5-30 pm

SOCIAL

ALL

WELCOME!



WIRRAL CARERS HEALTH & WELLBEING SERVICE

Carer Linkworkers Making Caring Visible, Valued & Supported

Don't miss the action this spring! Keep up to date with the latest events in the Liverpool City Region!

Merseyrail takes you there.

**ARRIVE RELAXED,
LEAVE BUZZING**



Return Ticket
From

£2.75

 Merseyrail

Discover tickets

FARMER TED'S EASTER EGGSTRAVAGANZA

WE ARE CHOC-O-BLOC WITH FAMILY TEDVENTURES AT FARMER TEDS DURING OUR EASTER EGGSTRAVAGANZA!

OUR EASTER EVENT TICKETS ARE NOW AVAILABLE FROM THE 5TH TO THE 21ST OF APRIL.

THERE ARE LOADS OF EGGCELLENT ACTIVITIES PLANNED TO HELP KEEP YOUR LITTLE CHICKS ENTERTAINED.

[DOWNLOAD TIMETABLE](#)
(THIS IS SUBJECT TO CHANGE)



BUY TICKETS



The Friends of West Kirby Library supported by Home Instead invite you to



'Keep Smiling Through'

*Uplifting & nostalgic songs to commemorate the
80th anniversary of V.E. Day*

Wednesday 7th May 2.30pm, West Kirby Library



Live music, Tea, coffee & cakes

Tickets £4.00 (please buy in advance from the Library)



Proceeds going to the Blind Veterans Wirral

WIRRAL CARERS HEALTH & WELLBEING SERVICE

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Enjoy a
**Mersey Ferries
River Explorer Cruise**

With your family this spring!

[Buy Tickets](#)

MERSEY FERRIES

merseyferries.co.uk
Family Fun This Easter

[Book now](#)

25TH APRIL 2025




DEFINITELY
MIGHTBE -
OASIS TRIBUTE

ADORED -
STONE ROSES
TRIBUTE

BOOK NOW!

Heswall Hall

DOUBLE HEADER TRIBUTE SHOW

PRESENTS
UK REGGAE/DUB PIONEER

MANASSEH

FEAT

BROTHER CULTURE [UK]

EARL SIXTEEN [JAM]



APRIL [SAT]
12TH 2025

TICKETS - £22
VIA [FUTUREYARD.ORG](#)

FUTURE YARD
BIRKENHEAD

75 ARGYLE ST, BIRKENHEAD CH41 6AB

BROMBOROUGH POOL CAFE & SHOP

Easter Half-Term

Open everyday from 9am until 3.30pm

WEEK 2
14th - 18th April

MONDAY 14TH April

Dessert Pizza Making 10am - 1pm
Animal Petting 1pm - 2:30pm

TUESDAY 15TH April

Biscuit Decorating 10am - 1pm
Animal Petting 10:30am - 12pm

WEDNESDAY 16TH April

Dessert Pizza Making 10am - 1pm
Animal Petting 1pm - 2:30pm

THURSDAY 17TH April

Biscuit Decorating 10am - 1pm
Animal Petting 10:30am - 12pm

FRIDAY 18TH April

Dessert Pizza Making 10am - 1pm
Easter Disco* 1pm - 3pm
*Easter/Spring themed dress code

£1 kids meal
with every adult meal purchased



DAILY

Ceramic painting/colouring 10am - 2pm

Outdoor games 9am - 3:30pm

Bromborough Pool Village Easter Trail 9am - 3:30pm

3 -4 The Green, Bromborough Pool Village, CH62 4TT
0151 643 1359

WIRRAL CARERS HEALTH & WELLBEING SERVICE

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PAWS in the PARK

**DAWSTONE PARK, HESWALL
ON SATURDAY 12TH JULY 2025**

Entries from 12.30pm to 2.00pm;
Classes start at 2.15pm
£2.50 per class 1 to 6;
or 3 classes for £6 (Cash or Card)

Classes—from 2.15pm

1. Handsomest Dog
2. Prettiest Bitch
3. Golden Oldies (over 7 years)
4. Waggiest Tail
5. Best Young Handler (11 years & under)
6. Dog Judge would like to take Home

CHAMPIONSHIP CLASS
Winners & Runners Up from Classes 1 to 6

Dog Agility Course - Only £1 (cash only)

We are WIRRAL

FAMILY MUSIC FESTIVAL

19TH-20TH JULY 2025 - BIRKENHEAD PARK

SATURDAY · SUNDAY

FEEDER · EXAMPLE

NEWTON FAULKNER · THE FEELING
THE HOOSIERS · PIXIE LOTT
WOODY COOK · DICK AND DOM
SANDI THOM · ELVANA
MICHAEL ALDAG · THE SOUTH

Entertainment

ACTUAL REALITY ARCADE
PANIC FAMILY CIRCUS
HANDMADE THEATRE CO
GRAND CAVALCADE · FUNFAIR

Activities

KAYAKING · TREE CLIMBING
PADDLE BOARDING
BUSHCRAFT SURVIVAL SKILLS
SLACKLINING · FRISBEE GOLF

Tickets available at:
wearewirral.co.uk

Floral Pavilion

Sun 27th Apr

Craft & Gift Fair

**FREE ADMISSION
FREE PARKING**

11am to 4pm

marissa@memorylanefairs.com

**New Brighton
CH45 2JS**

**Wheelchair
Accessible**

CHEESY STUFFED BAKED POTATOES

SERVES: 4 **PREP & COOK: 15 & 90 mins** **TYPE: Easy**



METHOD

- Heat oven to 200C/180C fan/gas 6.
- Prick the potatoes all over with a fork, then rub with half the oil, some sea salt and black pepper. Arrange on a baking tray and bake in the oven for about 1 hr 15 mins, until their skins are crisp and they are completely tender when prodded.
- Meanwhile, heat the remaining oil and half the butter in a frying pan. Add the onion and gently cook for 15-20 mins until softened and golden.
- Remove from the pan and set aside, add the chopped bacon and fry until just crisp. Drain on kitchen paper.
- Halve each potato lengthways (watch out, they will be hot), then scoop out most of the potato into a bowl, leaving a potato skin shell with a thin layer of potato.
- In the bowl, crush the potato with the remaining butter and the double cream. Season with salt and pepper.
- Fold through the onion, bacon, three-quarters of the cheeses and half the parsley.
- Spoon back into the potato shells and top with the remaining cheese. Transfer to the baking tray and return to the oven for 10-15 mins, until melting and golden.
- Sprinkle with the remaining parsley and serve with a sharply dressed crisp salad, if you like.

INGREDIENTS

- 4 medium baking potatoes
- 2 tbsp oil
- 25g butter
- 1 large onion finely sliced
- 6 slices smoked streaky bacon chopped
- 2 tbsp double cream
- 200g mixed good melting cheeses, such as cheddar, red leicester, mozzarella
- chopped parsley



Press Release



Carers UK celebrates Investing in Volunteers award

07 April 25

Carers UK is delighted to have achieved the UK-wide quality mark for organisations involving volunteers during the charity's 60th anniversary...

[Read more](#)

Press Release



A year on from the Carer's Leave Act, raising awareness of new employment rights for carers must continue

04 April 25

After a significant shift in legal rights for working carers last year, charity Carers UK wants to see more employers...

[Read more](#)

Regional Carer Support



Cheshire East

Cheshire West & Chester

Liverpool, Sefton, Warrington & Knowsley



WIRRAL CARERS HEALTH & WELLBEING SERVICE

Carer Linkworkers Making Caring Visible, Valued & Supported

About us...

WIRED is a Wirral based charitable organisation that was established in 2003. WIRED delivers a range of early intervention, prevention, well-being and financial related services through a blend of local authority grant funding and commercial income. Today we operate under the name Wired which stands for Wirral Information Resource for Equality and Diversity.

WIRED's core values are...

- The promotion and development of a society in which disadvantaged people can lead full and independent lives fully participating in society and reaching their potential
- To promote the equality, dignity and independence of disadvantaged children, young people and families and keep them safe from harm
- To support children and young people to be ready for school, work and adulthood

WIRED cascades these core values into service delivery through a number of key organisational principals;

- Empowerment - people should have control over their own lives
- Consultation - involvement in service planning by disadvantaged people and carers
- Information - clear and easily available
- Participation - in local, regional and national communities
- Autonomy- the freedom to make decisions about life
- Person Centred - to ensure that all audit activity follows the journey of the client through our services
- Outcome Based and Qualitative: - focussing on the how the service has improved people's lives
- Fair - equality and diversity issues are taken into account when developing and undertaking quality assurance activity
- Transparent - to deliver clear messages about the purpose and benefits of service to encourage openness and willingness to participate
- Ethical - always endeavour to respect participant's privacy and confidentiality
- Social value - wider financial and non-financial impacts of activity, including the wellbeing of individuals and communities, social capital and the environment

The above key organisational principals are embedded within service delivery through their integration into WIRED business planning, staff and volunteer recruitment, casework, staff supervision and organisational management and governance.

Our Services

- Wirral Carers Health and Wellbeing Service
- Wirral Health and Wellbeing Connectors
- Wirral Mobility Scooter Hire and Shopmobility
- Wirral SEND Partnership
- Wirral Mediation Service
- Wirral Direct Payment and Payroll Services
- Wirral Personal Care Assistant Register



WIRRAL CARERS HEALTH & WELLBEING SERVICE

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Wirral Carers Health and Wellbeing Service

The Wirral Carers Health and Wellbeing Service provides free support to unpaid Carers to improve the quality of life for Carers in Wirral, supporting them to sustain their caring role and enhancing their ability to enjoy a life outside of their caring role.

Services available for unpaid carers...

Carers information, advice, support & activities -

Information, advice and support for Carers provided via telephone, email, E-News, social media, website and face to face appointments including signposting to local services, benefits advice, support groups, leisure activities, emotional support and counselling.

Carers Emergency Contact Service - Carers are issued with a unique identifier number and a central telephone number which operates 24 hours, 7 days a week. In the event of a Carer having an emergency such as being involved in an accident and unable to provide care to the cared for, back up support can be triggered through contacting the central telephone service.

Carers Counselling - We offer counselling to all adult carers and former carers who would like to speak confidentially about their situation.

Adult Carers online assessments - Support for Carers, where appropriate, to complete an On-line Adult Carer Assessment.

Carers training - A flexible training programme for Carers that includes understanding the role of a Carer, Carer's rights, power of attorney, local Carer support services, managing stress/building resilience and food energetics.

Carer awareness training for professionals - Training sessions for professionals that promote Carer awareness. This also included working with GP's and the NHS to identify Carers and to improve support for Carers health and wellbeing.

Dementia Carer Support - The Dementia Carer Support Service is for Carers who care for a loved one who has dementia. We run our Carer Support Service to help take some of the strain with both practical and emotional support.

Carers Groups - Groups meet at a variety of accessible local venues across Wirral and free refreshments are provided. Group activities to include meet and greet, crafts, information and advice.

How to access our services...

Carers can contact our services directly or they can request to be referred to WIRED by a GP, a local organisation or any other professional.



Wirral Independent Living & Carers Resource
Centre, 5 St John Street, Birkenhead, CH41 6HY



0151 670 0777



cws@wired.me.uk



Monday - Friday, 9am-4:30pm



Wirral Carers Health and Wellbeing Service
or **SCAN the QR CODE** to take you to our Facebook page



Mobility Aids for Hire

Pop along and check out all of our mobility aids currently available for short and long term hire.

Whether you're looking for assistance to get around Birkenhead town centre or need support for a trip away, we're here to help. Come and enquire now!



**@ 5 St John Street,
Birkenhead
CH41 6HY**





Wirral Shopmobility



Wirral Shop Mobility

Birkenhead - Liscard

Price List

Membership Fees

Joining Fee: £30 Annual Renewal Fee: £25

Daily Hire Charges

Member Hire: £5 per hire Non Member Hire: £9 per hire

Long Term Wheelchair and Scooter Hire

- Long Term Wheelchair Hire: £18 per week (deposit required)
- Long Term Scooter Hire: from £30 per week (deposit required)

Scooter service and repairs undertaken, please ask for details



0151 647 6162



contact@wired.me.uk



Wirral Mobility Scooter Hire and Shopmobility



www.wired.me.uk

DISCLAIMER

Carers e news is part of the Carers Health and Wellbeing Service. WIRED make every effort to ensure that the information in the e news bulletin is correct. In order to develop each edition of the e news, WIRED obtain information from a wide range of sources and partner organisations. Due to the volume of content and frequency of publication of the e news, WIRED cannot accept any liability for errors and omissions within any information included in the e news that does not directly relate to a WIRED service or event. Additionally, WIRED cannot offer recommendations on products or services and the views and opinions expressed in the e news are not necessarily those of WIRED.

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